

Join with us as we live in the presence of love each day at Ruach Ha'Aretz.

Every morning begins with an opportunity to enter into the Divine Embrace through prayer, movement, or silence. Then plunge into a deep encounter with our theme and the teachers of your choice. Delicious meals and the sweet encounters with other retreat participants will provide nourishment between the spiritual and intellectual courses. Following our afternoon classes, Mincha Time offers opportunities for enrichment... and rest. Our entire community will gather each evening for programs that celebrate and enhance our experience, with beautiful music, moving poetry, dancing, drumming circles, lively discussions and inspired dream work. Our week together will lead to a Shabbat full of beauty and love in which the davvening may become the fullest expression of our true selves.

This year, Ruach Ha'Aretz offers you an opportunity to explore more deeply: Spiritual Direction, or Hash'pa'a Ruhanit,

is the process of discovering where God or the Spirit may be present in an individual's life, and where the Spirit may be leading her or him. In our time more and more people are turning to trained spiritual directors to help them explore these matters. A director can also help a directee to discern what practices would be most beneficial on this journey. Private, 1-hour sessions, with Rabbi Burt Jacobson can be scheduled at registration (additional fee.)

Exciting Programs for Children and Teens

Ruach Ha'Aretz sets the standard for fabulously fun and creative programs for children. It's an exciting, joyful, and nurturing Jewish renewal experience filled with music, play, sports, crafts and davvening as a deeply personal expression. An inclusive and participatory program for teens is also an integral part of the Ruach experience. Older teens may choose to attend any of the adult classes and workshops.



ALEPH Affiliated Community Retreat

Join with ALEPH's Executive Director, Deb Kolodny, and other lay and spiritual leaders of congregations to explore the most pressing community building issues of the day: Membership recruitment • Financial sustainability • Attracting and retaining young members • Securing media coverage • Activating and prioritizing the work of your board and volunteers

*Special pre-retreat program, beginning 1 pm on Sunday, June 29th through noon on Monday.
Program Fee: \$125*

Those who enjoy spending time with younger children may apply to work as Children's

Program assistants and receive compensation in the form of a reduced fee. (To apply, see the online registration page.)

Children and teens at Ruach Ha'Aretz enjoy a balance of their own activities, and opportunities to be fully integrated into the greater Ruach Community during mealtimes, recreation time, evening programs and Shabbat.

Mitzvah Core

Ruach Ha'Aretz offers opportunities to deepen your practice of Mitzvah and service. The Mitzvah Core is a "work-study" exchange program that manifests the Malchut (grounded reality) of the retreat by assisting teachers, helping with child-care, setting up for Shabbat, and all other informal Mitzvot that may arise during the week. Our vision is to work mindfully and joyfully by grounding ourselves in the spiritual practices and teachings of the week. As the Mitzvah Core is nourished we hope to transform the entire retreat into a Conscious Community that is yearning to serve each other with Chesed (loving-kindness). Annie Klein is coordinating our Mitzvah Core, once again. For more information, or an application, contact Annie at info@ruachhaaretz.com.

~ Morning Offerings ~

Ahavah Rabbah / With a great love
~Rabbi Daniel Siegel

Ahavah Rabbah
Ahavat Olam Ahav-tanu

With a great love
with an eternal love have You loved us

V'yached L'avenu L'Ahavah
ul-Yir'ah et Sh'mecha

Unify our hearts to love
and fear Your name

These phrases, repeated daily in our morning and evening liturgies, are the gateways to a profound discussion on the meaning of God's love for us and ours for God. Since they are so often associated with love which expects reward and reciprocation on the one hand, and with fear of punishment on the other, they have always been problematic. This is even more true in our post-holocaust and paradigm shifting world.

In this **advanced class**, we will explore these concepts using primary Hassidic texts, in particular those of Chabad, to discover what they meant to recent generations of devotional mystics and in a search to discover their relevance and expression in our own lives.

Students will be expected to have a working knowledge of Hebrew as well as familiarity with liturgical texts and basic rabbinic concepts.

For those in **ALEPH ordination programs**, it will be possible to take this course for elective credit. To arrange for the additional work required, please be in touch with Daniel no later than May 15.



Sacred Journeys: Inside & Out
~Shonna Husbands-Hankin &
Rabbi Yitzhak Husbands-Hankin

Ancient fragrant forests, spectacular healing waterfalls, glacier-fed crystal lakes, massive lava flows, magnificent mountain peaks, hot springs, rushing rivers, meadows of solitude.



Come journey into the sacred spaces of the region as we explore meaningful ways to witness, meditate and create responses to the holiness of the beauty of nature. Join local Oregonians Shonna and Rabbi Yitzhak Husbands-Hankin on daily outings to nearby breathtaking sites, where we will sit, gently hike, breathe, meditate, pray, sing, draw, write and become attuned to the sacredness of our souls in response to the beauty of

God's creation.

Responding to the eternal loving flow of spirit through creation, we experience divine expression in the forceful flow of the water falling from the ridge to the pool below, the dancing light in a still standing pool, the might grip of the tree roots beneath the towering heavenward reach of fir trees, the opening to the presence of the land with longing and loving. These awesome moments of witness stir our sense of living in loving unity with creation.

We will visit sites that we know and love in Oregon, and give time to experience the silence, and fill ourselves with nourishment from the Source. We will have an opportunity to discover our own loving response to the awe of creation through art, music, words, silence. Class will be one hour longer to allow for transportation. A box lunch will be provided. Additional transportation fee: \$30.

~ Please see www.ruachhaaretz.com for more information and for teachers' bios. ~

~ Morning Offerings ~

Let Your Love Flow: Prayer as Ahavat Olam

~Rabbi David Zaslow

Learn how prayer of all kinds has the ultimate aim of bringing the davvener (the person praying) to a deep sense of love—both being loved and being able to love. Participants will learn how the four elements (earth, water, air, and fire) are associated with the four sections of prayer, and how love is at the very center of all Jewish prayer practices. Learn techniques that you can take home with you to enhance your daily and Shabbat practices. You will also learn how to link prayer to other meditative practices. Finally, you will learn how to locate, activate, and liberate stuck places within yourself where gratitude, generosity, and love seem to be locked and blocked.

Now and Forever: Metta-tations on this World and the Next

~Rabbi Hanna Tiferet Siegel

Liturgy is a creative process that draws from the Source to reveal the eternal in the here and now. In Jewish prayer, the world, “Olam,” vibrates as sound and symbol, simultaneously connecting us to the physical and the formless. Through the embodied practices of song, breath, meditation, and yoga, we will enter the mystery of sacred verses that hold the world, bring them into our hearts, and allow them to carry us home. Please bring a yoga mat and a writing pad.



Wisdom of the Heart: From Age-ing to Sage-ing® The ALEPH Sage-ing® Mentorship Program Part I

~Bahira Sugarman & Rabbi Shaya Isenberg

The Aleph Sage-ing® Program is very happy to offer Part 1 of our exciting new program, the Aleph Sage-ing® Mentorship Training. The course will introduce some of the major concepts and exercises of the Mentoring Program. You will gain experience with the transformations of consciousness that are the fruits of our Spiritual Eldering™. Building on the teachings of Reb Zalman Schachter-Shalomi, this class offers powerful contemplative tools for gathering and giving expression to the wisdom of our own ripening lives. Future training courses will explore ways to take the Sage-ing work home, as a mentor.

This new vision of growing older empowers us to:

- Harvest the wisdom of our life experience to enrich the present moment.
- Face our mortality and learn from it.
- Mature in our relationships and in our communities.
- Develop a regenerative spirit.
- Take active leadership roles in society.

While learning transformative Sage-ing Tools™ based in Jewish practices, we will also draw on the wisdom of other traditions as well as current transpersonal and integral teachers and therapists. We view this as a deeply ecumenical process which is one of the deep roots of Reb Zalman's teaching and invite all participants to connect their aging to their spiritual life.

Special skills and knowledge are needed to integrate the challenges of each segment of our life cycle. Many traditional cultures, including Judaism, teach that acquiring wisdom is the learning specific to sage-ing. The psalms sing of “acquiring a heart of wisdom.” Now is the time to learn how to transform your life experience into wisdom.

Think of it as spiritual alchemy!



~ Please see www.ruachhaaretz.com for more information and for teachers' bios. ~

~ Morning Offerings ~

The Path of Love

~*Rabbi Shefa Gold*

The Torah commands that you must love God “with all your heart, with all your soul and with all your might.” You are commanded to “love the stranger” and “to love your neighbor as your self.” And you are asked to receive God’s love in the form of Torah, community, history and the wonders of Nature.

These commandments about love are at the heart of Torah. They constitute at the same time, the most simple and the most complicated challenge of living a holy life.

The Path of Love, of rising to the challenge of learning to love and be loved, is the most rigorous spiritual path there is. Stepping onto the Path of Love, I am faced with every resistance, every illusion, every obstacle to self-realization. In this workshop of deep heart work, we will use text, voice, meditation, movement and sacred conversation to explore the landscape of Love. How do we love God through this world? How do we receive God’s love through this world? How do we become intimate with the Mystery behind each moment of our lives?

20 Minute Kabbalah

The Daily Personal Spiritual Practice that Brings You to God, Your Soul-Knowing, & Your Heart’s Desires

~*Ellen Kaufman Dosick & Rabbi Wayne Dosick*

The Jewish mystical tradition is an exquisite pathway to connect and communicate with God; to delve into the mysteries of the universe and human existence.

In this highly participatory class, we return Kabbalah to its first and most powerful purpose, by learning a gentle, holy, personal spiritual practice that gives you the spheric channel to come into deep, intimate relationship with God.



With authentic Tree of Life mysticism, sweet melodies, and meditative prayer, “zoom” on your SoulJourney into God’s Holy Presence, talk to God, listen while God responds, wrestle with the questions of eternity, fulfill the yearnings of your heart, find deep soul-satisfaction, and inmost happiness. Anytime. Anywhere. All in just 20 minutes a day!

Longing and Loving

The Kabbalah of Relationship

~*Rabbi Nadya Gross & Rabbi Victor Gross*

B’reishit—In the Beginning, there was God’s longing... to be in relationship. And God gave expression to that longing... creating this world, and all who inhabit it, with love. Our task is to meet God in the longing, to be in relationship. First with one another, and ultimately, with God.

Come journey with us on this Path of Relationship—watching it unfold from the earliest imprinting in our families of origin, through our peer influences, our most intimate partnerships, parenting, eldering and finally, “coming home” to rest in the Love.

Through meditation, chant, prayer, text-study and story-telling, we will learn to exercise the longing—which is the language that God speaks; to embrace our imperfections; heal through t’shuvah—the path of forgiveness; find the sparks of holiness that are the expression of our true calling; cultivate sacred friendship and ultimately, know God through our relationship with Others.



~ Afternoon Offerings ~



With All Your Breath

—*With All You Have in You:*
Jewish Spiritual Song
-Hazzan Jack Kessler

This course is a voyage into the song of davennen: the blend of voice and modal melody that combine into the art of Jewish prayer. You will use your voice and your musical creativity to tap your sources of power and validation.

Employing traditional nusach, the musical language of prayer, you will explore how the human voice functions as a channel for the inner Divine to resonate with the external Divine.

This ‘master-class’ style course blends fun group vocal exercises and singing with individualized vocal coaching. Whether you are an advanced singer or a beginner who hopes to lead song and prayer with greater vocal clarity, this course can give you the kind of coaching you need. Knowledge of basic liturgical Hebrew required.

The Lord’s Prayer as a Jewish Prayer

-Rabbi Marcia Prager

Jewish prayer is called the Divine Service of the heart, for our hearts are the temples to which we bring the offering of our prayers. Prayer is a spiritual practice of closeness-making with God; an opening of the self allowing divine energy to fill us so heaven and earth are brought closer. In the Gospels Jesus the rabbi regularly teaches Jewish prayer. In Mark 12:29 Jesus proclaims, “Shema Yisrael—Know with every fiber of your being that God is All There Is.” In the tradition of the great Rabbi Hillel, Jesus expounds, “v’ahavta l’rayecha kamocho—love your neighbor as yourself!” What then did it mean for Jesus to offer this prayer as a Jew? Christianity became a new religion about Jesus during the century after his death, and history has made

us legitimately defensive in the face of its hostility. But the religion of Jesus was never anything but Judaism.

Come join an adventure into the ancient language of the “Lord’s Prayer,” a uniquely Jewish celebration of the wholeness available to us when we are able to receive God’s flowing love.

Together we will explore the Hebrew, Aramaic and English versions in a way that opens new worlds of Jewish meaning in each word. Your relationship to what you might have thought of as a Christian Prayer will never be the same!

This course can be expanded into one unit of credit for **ALEPH Ordination students** with prior permission of the instructor.

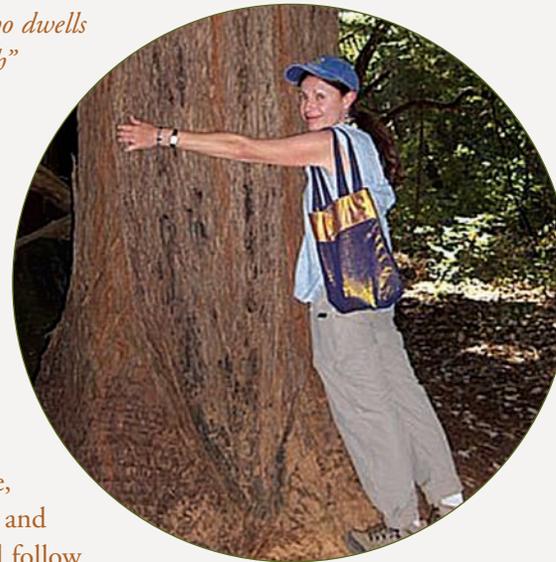
The Natural Jew

-Ori Har & Tom Oz DiGennaro

Like the love of God in spirit, and the sacredness of Shabbat in time, so can wilderness restore our wholeness in space.

*“And you will then know that I am
The Infinite One who dwells
deep within the earth”*
(Exodus 8:18).

Ahavat Olam—
Eternal Love—is
present in cre-
ation. Join us to
be fully present to
it in the natural
world through
silent hiking,
breath meditations,
Hitbodedut practice,
text study, blessings and
joy making. We will follow
the Four Worlds, Four Elements
and Four Winds...
Additional transportation fee: \$30.



~ Please see www.ruachhaaretz.com for more information and for teachers' bios. ~

~ Afternoon Offerings ~



Embracing the Tree of Life

-Rabbi Léah Novick

The Zohar teaches that other planets were created before ours but self-destructed because they were formed with Judgment. This earth emerged with the great love of God and is sustained by the continuous outpouring of love and compassion.

During our week together we will focus on receiving that love to unify ourselves and the larger consciousness. While examining concepts from classical Kabbalah, we will look at the polarities in the system with eyes to the future. The role of the m' kubal/m'kubélet (receiver of the mysteries) has always been to utilize our prayers and actions to unify masculine and feminine aspects of the Divine. In this class we will imagine ourselves already at that evolved level. In so doing, we hope to travel up the Middle Pillar of the Great Tree together—towards the Light.

Storytelling—A Roadmap for the Soul

-Devorah Gordon Zaslou

Our living body of Jewish stories is a manifestation of Ahavat Olam when we allow the tales to guide us to deeper awareness of our journeys. Each participant in this workshop-format class will choose a story that calls to her/him, then explore the emotional and spiritual healing in the story as we learn to tell it. We will use visualization, drama, movement, and personal stories to infuse the old tales with new light. Recommended: Bring a short story to work on (or choose one at the class).

The Mitzvah of Bikur Cholim

-Rabbinic Pastor Shulamit Fagan

Come and celebrate the love that moves us to care for others and for ourselves. We are all called to do bikur cholim in its broadest sense everyday. Bikur Cholim is defined as the commandment to visit and help people with illness. It is closely aligned with gemilut chasadim, acts of loving kindness, selflessness and benevolence.

I think of it as a way to live.

We will use chant, meditation techniques, Torah teachings, deep sharing, and journaling practices to learn ways to listen more deeply to others and to ourselves. We will practice ways to be fully present as we companion ourselves and others through life's ups and downs, and how to be present for the still small voice of God in each of us.

Rikud shel Ahavah / Love's Dance

-Rabbi Diane Elliot

The ancients knew that our bodies, ensouled by the Divine, are both artifacts and instruments of God's love in the world. Through our very flesh and bones, we can experience and bear witness to Source



Who births us. In this class we will enter the body deeply, finding our basic comfort, opening channels of flow, embodying our physical structure, and discovering personal and collective dances of Ahavat Olam. We will ground and inspire our movement practices through traditional Jewish music and texts.

Open to all levels of movement experience; wear loose, comfortable clothing and come prepared to en-joy!

Registration

Please go to www.ruachhaaretz.com, and follow the link to our registration page, or call us at: 415-339-8677. Mail your deposit check (50% of program fees) to Ruach Ha'Aretz (address below), or pay by credit card online. All balances are due by May 15th. Early registration discount available when registering and paying in full by April 10th. Late fees apply if not paid in full by May 15th. Program fee includes all meals and full Ruach Ha'Aretz programming.

Adult – \$836

Teen (13-17) – \$700 Teen Staff (with approval) – \$415

Child (4-12) – \$550 Child (3 & under w/childcare) – \$360
Add'l child discount – (\$50)

NOTE, this year, that lodging is not included in the program fee. Please make your lodging arrangements directly with Eagle Crest Resort, by calling 800.682.4786 or 541.923.2453. Special rates apply. Please indicate that you are coming to Ruach Ha'Aretz, and make your reservation no later than June 6th, when all unreserved rooms and condos in our reservation block will be returned to general inventory.

Location

Eagle Crest® is a full-service destination resort located just outside the city of Redmond on 1700 acres in the high desert of Central Oregon, nestled against the majestic Cascade Mountains. The resort includes: 3 Sports Centers, swimming pools, hot tubs, spray park, weight and aerobics rooms, basketball, raquetball and tennis courts and a full service spa; golf courses, an 18 hole putting golf course, and a lake. Bike rentals are available for an afternoon excursion, or to get around all week long. Take a look at the Eagle Crest website (www.eagle-crest.com) for a better sense of this amazing new location for Ruach Ha'Aretz!

The catering kitchen will be made kosher under the supervision of Rabbi Victor Gross, and will feature a variety of vegetarian and fish dishes with vegan options.

Ruach Ha'Aretz

7077 Harvest Road, Boulder, CO 80301
415.339.8677 • info@ruachhaaretz.com
www.ruachhaaretz.com

Getting There

Participants traveling by air should fly into Redmond Municipal Airport (RDM). Eagle Crest Resort provides free shuttle service to and from the airport. For driving directions, find the map/location link under "Resort Info" at www.eagle-crest.com.

Cancellation Policy

There will be a \$50 processing fee included in each registration. Full refund, less processing fee, if notice received by April 10. 50% refund, less processing fee, if notice received by May 15. No cancellations after May 15.

Lodging Options

The Inn at Eagle Crest has a mix of standard rooms and spacious one-bedroom suites, with full amenities. In addition, the resort offers the finest in fully furnished two, three and four bedroom condo rentals. Full descriptions are available on their website. Ruach Ha'Aretz participants will be charged special, reduced rates as follows:

- King Room – \$90/night
- Double Queen Room – \$105/night
- 1 Bdrm Suite – \$110/night
- 2 Bdrm Condo – \$210/night
- 3 Bdrm Condo – \$250/night
- 4 Bdrm Condo – \$300/night

Families or groups of friends sharing the larger rooms at the Inn or condos will benefit from lower per person costs. If you are coming alone, and wish to split the cost of a double room, or share a condo with a group of other singles, Ruach Ha'Aretz will do our best to facilitate that.

Shabbat Only Option

Weekend guests will be welcome from early Friday afternoon through Sunday. Program fees for the weekend include all meals, a magical and meditative Shabbat ending in a festive Havdalah and closing ritual on Sunday.

Adult – \$295

Teen: – \$255

Child (4-12) – \$225

Child (3 and under) – \$115

Add'l child discount – (\$20)



רוח הארץ
Ruach Ha'Aretz 2008

Ahavat Olam
The Presence of Love in Creation

June 30 – July 6, 2008

*at Eagle Crest Resort
in Redmond, Oregon*



Luxurious accommodations • three sports facilities • indoor and outdoor swimming pools and a lake • and much more.

Still maintaining the great intimacy that Ruach offers • inspiring classes, davenen, and programs • the BEST kids program in the West.

Ruach Ha'Aretz

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Boulder, CO 80301
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Phone: 415-339-8677*

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